



Elder-Well®

*A Social-Supportive
Adult Day Program*

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A Social-Supportive Adult Day Program

Thank you for your interest in the
Elder-Well® Adult Day Program!

Elder-Well® provides non-medical, social-supportive day services to older adults with mild to moderate cognitive and/or physical care needs.



Elder-Well® Adult Day Program's offer compassionate supervised care, enriching and therapeutic activities, nutritious meals and snacks in a safe and supportive environment.

Our professional staff and program guidelines promote guest independence, self-re-discovery, interaction with peers and the community and most importantly a day of purpose, acceptance and friendship.

Elder-Well® provides caregivers direct support and community resources to support them on their caregiving journey.

Our Services

Our services offer caregivers a much-needed break from the demands of caring for a loved one with a cognitive or physical impairment and provide their loved one with a safe, supportive and stimulating day of activities and care.



Cognitive Engagement

We incorporate best practices in cognitive and sensory therapies, activities and education to develop interesting and enjoyable content.



Social and Emotional Wellbeing

Attending an Elder-Well® Adult Day Program promotes new friendships, engagement in meaningful activities and provides a sense of belonging.



Physical and Nutritional Support

Our Elder-Well® daily program includes organized physical activities and nutritious meals to ensure that our guests are supported in keeping their bodies healthy and strong.

Why Spend the Day?



Safe and supportive environment

Gives peace of mind to the family caregiver.



Unique program content

Allows participants to be engaged and active both mentally and physically.



Monitoring general health and behavior

Able to alert the family caregivers of any changes that are concerning.



Ensure proper intake of daily nutrition and hydration

Promoting health and well-being.



Socialization and community engagement

Eliminating Isolation and continue to be active in local community and develop social connections.

Engaging, Connecting and Supporting our Elders

