



# *Elder-Well®*

## *Adult Day Program*

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**Enrichment & Activity  
Center for Seniors**

**ENGAGING,  
CONNECTING AND  
SUPPORTING OUR ELDERS**



# A Social-Supportive Adult Day Program

**Thank you for your interest in the Elder-Well® Adult Day Program!**

Elder-Well® provides non-medical, social-supportive day services to older adults with memory support needs or those feeling isolated at home. We specialize in services for those diagnosed with a Dementia including Alzheimer's.



Elder-Well® Adult Day Program's offer compassionate supervised care, enriching and therapeutic activities, nutritious meals and snacks in a safe and supportive environment. Our professional staff and program guidelines promote guest independence, self-re-discovery, interaction with peers and the community and most importantly a day of purpose, acceptance and friendship.

Elder-Well® provides caregivers direct support and community resources to support them on their caregiving journey.

# Our Services

Our services offer caregivers a much-needed break from the demands of caring for a loved one with a cognitive or physical impairment and provide their loved one with a safe, supportive and stimulating day of activities and care.



## Cognitive Engagement

We incorporate best practices in cognitive and sensory therapies, activities, and education to develop interesting and enjoyable content.



## Social and Emotional Wellbeing

Attending an Elder-Well® Adult Day Program promotes new friendships, engagement in meaningful activities and provides a sense of belonging.



## Physical and Nutritional Support

Our Elder-Well® daily program includes organized physical activities and nutritious meals to ensure that our guests are supported in keeping their bodies healthy and strong.

# Why Spend The Day?



## **Safe and supportive environment**

Gives peace of mind to the family caregiver.

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## **Unique program content**

Allows participants to be engaged and active both mentally and physically.

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## **Monitoring general health and behavior**

Able to alert the family caregivers of any changes that are concerning.

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## **Ensure proper intake of daily nutrition and hydration**

Promoting health and well-being.

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## **Socialization and community engagement**

Eliminating Isolation and continue to be active in local community and develop social connections.



# Here's what our clients are saying

I seriously cannot get over what an incredible program Elder-Well offers to its participants - they put so much into the lesson planning, it is always so creative and varied. I rave to everyone about this program as it is so needed and almost too good to be true! My family is so grateful for the warm and welcoming community at Elder-Well.

- Michelle R.

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I can't say enough about our experience at Elder-Well. If I could give it 10 stars, I would! My husband has Early-Onset Alzheimer's and at 58 years old, I was concerned that he might have been uncomfortable attending as he is on the younger side of the participants, but he has had an amazing experience. I knew from our first visit that EW was special.

- Joanna M.

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Elder-Well has been the best thing to happen to my relationship with my mom. I needed a place for her to go during the day, and mom needed to find a supportive community where she was around people her age. I have been so impressed with how much she has flourished since going regularly, I highly recommend Elder-Well for your senior.

- Mandy P.



# Elder-Well® Adult Day Program

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www.elderwelladulthood.com

Elder-Well® Franchise opportunities now available. Interested in opening an adult day center of your own?

Learn more at [www.elderwellfranchise.com](http://www.elderwellfranchise.com)

**National toll-free number: 1-866-821-4333**

*CA CDSS Adult Day Program license pending*

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